

Dato : 12.09.2013
 Kart : Ryvarden
 Løyper : 3.3 km / 2.3 km
 Deltakere: 44

Løypeleiar :
 Løypelegger :

Kjetil Fiskå
 Ole Andreas Fagerland

L = Løypeleiar
 D = Disk
 B = Brutt
 R = Rekrutterinasbonus

			Tid	Poeng	Strekktider													
D18-41																		
Ingen																		
D42-54																		
1	Ingrid Lindaas	Sjukehuset BIL	00:37:20	1000	02:37	01:51	06:07	01:38	04:39	02:34	04:44	03:42	03:34	03:53	01:19	00:42		
D55+																		
1	Olga Våg	Sjukehuset BIL	00:40:50	1000	03:00	01:57	06:13	01:39	05:29	02:32	04:44	03:56	04:29	04:17	01:53	00:41		
2	Britt Rameckers	Sjukehuset BIL	00:45:50	900	03:22	02:07	07:27	01:44	06:31	02:46	05:38	03:58	03:50	05:01	02:33	00:53		
D-kort																		
1	Sølvi Enoksen	Hydro BIL	00:36:12	1000	-0	04:00	02:37	04:55	03:19	01:45	03:24	03:05	04:19	04:21	02:46	01:41		
2	Tove Vinje Paulsen	Gassco BIL	01:23:33	53	04:08	03:50	25:37	05:33	03:34	06:32	10:25	06:23	11:19	04:37	01:35			
D60-kort																		
1	Torunn Eikeland	Sjukehuset BIL	00:55:26	1000			03:46	03:46	07:26	06:02	02:56	05:39	04:57	09:03	07:11	03:17	01:23	
H18-41																		
1	Sigleif Steinsvåg	Karmøy kommune BIL	00:27:49	1000			02:00	01:20	04:40	01:07	03:21	01:48	03:33	03:06	02:27	02:46	01:11	00:30
	Sveinung Erland	Gassco BIL	00:59:45	0			07:30	05:27	11:36	04:20	13:51	03:52						13:09
	Jan Øivind Holgersen	Veidekke BIL	00:28:54	0	-37		03:02	03:02	04:25	01:09	03:36	01:51	03:48	03:02	02:44	03:30	01:12	00:35
H42-54																		
1	John Arvid Djupesland	Haugaland kraft BIL	00:28:09	1000			02:25	01:15	04:56	01:12	03:44	01:44	03:16	02:50	02:24	02:51	01:09	00:23
2	Einar Martinsen	Hustvedt & Skele Transport A	00:28:33	992			02:06	01:16	04:33	01:14	03:37	01:50	03:24	02:55	02:56	02:59	01:08	00:35
3	Jan Steffensen	Hydro BIL	00:35:41	850			02:33	01:46	05:26	02:01	04:05	02:12	04:28	03:22	03:58	03:43	01:27	00:40
4	Lars Vestvik	Veidekke BIL	00:36:08	841			02:24	01:48	05:11	01:22	04:21	02:23	04:44	03:36	03:33	04:16	01:46	00:44
5	Erik Engjøkk	Haugesund Politi BIL	00:37:23	816			02:28	01:45	05:53	01:59	04:36	02:38	04:45	03:39	03:07	03:39	02:27	00:27
6	Roadt Johannessen	Statoil BIL	00:41:12	739			02:58	02:34	06:40	01:19	07:18	02:15	04:50	03:46	03:24	03:26	01:54	00:48
7	Tor Storesund	Marine Aluminium BIL	00:41:57	724			02:59	01:49	06:26	01:43	04:47	02:37	04:45	03:57	04:02	05:03	02:40	01:09
8	Mikal Liknes	COWI BIL	00:43:58	684			02:15	01:28	05:58	02:50	04:07	02:19	04:49	03:37	03:15	04:38	08:03	00:39
9	Per Helge Knutsen	Kopenvik IL	00:49:16	578			03:00	02:27	11:23	02:49	06:12	02:36	05:27	04:09	04:04	04:35	01:50	00:44
	Kjetil Fiskå	Thune Biltransport BIL		1000														
H55-64																		
1	Stein Jarle Helgeland	Jostein Myge BIL	00:30:38	1000			02:00	01:26	05:02	01:32	03:41	02:00	03:52	03:01	02:54	03:21	01:11	00:38
2	Ivar Kvale	Hydro BIL	00:31:18	987			02:10	01:33	04:55	01:13	03:59	02:12	03:55	03:04	02:52	03:19	01:32	00:34
3	Arthur Lind	Statoil BIL	00:35:28	904			02:17	01:27	05:55	01:25	03:56	02:08	04:18	03:41	03:02	05:02	01:46	00:31
4	Magnar Sætre	COWI BIL	00:36:13	889			02:05	01:56	06:08	01:29	04:53	02:30	04:40	03:32	03:16	03:55	01:13	00:36
5	Steinar Lundberg	Hydro BIL	00:37:04	872			02:23	01:41	05:20	01:37	04:23	02:32	04:52	03:39	03:35	04:39	01:38	00:45
6	Erling Haavik	Haugaland kraft BIL	00:38:20	846			02:22	01:44	05:41	01:35	03:55	01:58	05:13	04:12	04:55	04:35	01:29	00:41
7	Wigard Nilsen	Sjukehuset BIL	00:38:32	842			02:30	01:43	05:47	01:36	04:39	02:40	04:21	04:37	04:12	04:17	01:41	00:29
8	Lars Kristian Gjerde	Telesport BIL	00:45:48	697			03:05	01:45	07:52	03:56	04:47	02:46	04:50	04:11	04:21	05:04	02:24	00:47
9	Anfinn Paulsen	Gassco BIL	00:58:53	435			04:02	02:47	10:04	02:03	07:55	03:26	07:35	05:09	04:57	07:10	02:46	00:59
	Lars Johann Milje	Sjukehuset BIL	00:39:59	0	-115		02:53	02:06	06:14	01:23	04:48	02:20	04:54	03:53	04:17			02:12
	Ole Andreas Fagerland	Gasnor BIL		1000														
H65+																		
1	Arne Stakkestad	Jostein Myge BIL	00:34:16	1000			02:20	01:42	05:36	01:42	05:16	02:13	04:08	03:07	03:03	03:02	01:25	00:42
2	Knut Bendik Kvale	Sjukehuset BIL	00:37:51	929			02:47	01:55	06:13	02:08	04:26	02:22	04:36	03:43	03:21	03:51	01:45	00:44
3	Sigved Gramstad	Sjukehuset BIL	00:43:06	824			02:50	01:53	09:05	01:19	06:00	02:34	04:58	03:26	04:02	04:43	01:30	00:46
4	Roadt Tellnes	Telesport BIL	00:46:58	746			03:38	01:43	06:18	02:25	04:49	02:53	05:52	05:20	04:14	05:01	04:04	00:41
5	Fredrik Bjørnberg	Karmøy Winch BIL	00:55:50	569			03:34	02:11	07:59	02:02	13:43	02:44	06:32	04:01	04:37	04:50	02:48	00:49
H-kort																		
Ingen																		
H60-kort																		
1	Karl Johan Red	Marine Aluminium BIL	00:34:30	1000			02:21	02:31	03:58	03:29	02:00	03:29	04:15	03:10	03:13	04:46	01:18	
2	Jakob Fosen	Hydro BIL	00:37:53	933			02:42	02:34	05:16	04:24	02:18	04:47	03:07	04:11	04:38	02:53	01:03	
3	Erik Wee	Sjukehuset BIL	00:52:16	645			03:19	03:31	07:00	08:56	02:26	05:19	03:50	05:53	05:12	05:29	01:21	
4	Einar Vestvik	Rederiene BIL	00:55:58	571			03:44	03:45	08:08	05:35	04:26	09:05	03:40	05:58	05:58	04:11	01:28	
Aktiv-N																		
1	Kenneth Westerheim	Stord IL	00:22:43	1000			01:38	01:11	03:42	01:02	02:51	01:35	02:55	02:06	02:03	02:21	00:52	00:27
2	Kristoffer Nygård	Haugesund IL	00:26:36	923			02:10	01:18	04:12	01:36	03:14	01:42	03:18	02:26	02:18	02:55	00:57	00:30
3	Lars Helge Westerheim	Stord IL	00:30:17	849			02:06	01:22	05:39	01:22	03:36	01:56	03:47	02:43	02:40	03:11	01:19	00:36
4	Martin Enerstvedt	Haugesund IL	00:45:57	536			02:41	02:14	07:14	02:19	05:45	02:19	04:44	05:07	04:52	04:44	03:23	00:35
5	Kristoffer Kvale	Haugesund IL	00:48:33	484			07:53	01:33	07:01	02:34	05:28	02:58	04:52	04:20	03:37	05:53	01:46	00:38
6	Alice Enerstvedt	Haugesund IL	00:49:36	463			03:22	03:44	08:37	02:41	05:12	02:16	05:19	05:05	04:41	05:04	02:45	00:50
Aktiv-K																		
1	Johannes Djupesland	Haugesund IL	00:23:22	1000			01:39	01:40	02:57	03:10	01:22	02:43	02:13	02:51	02:53	01:20	00:34	